



Healing Hunger. Strengthening Our Future.

Maternal Care Kits

Please place items for each care kit in a sturdy bag.

Expectant Mom Personal Care Kit

- shampoo & conditioner (for all hair types)
- body wash
- lotion / moisturizer
- cocoa butter / balm (for stretch marks)
- antacids, gum, mints
- fuzzy / warm socks
- nail care kit

New Mom Personal Care Kit

- shampoo & conditioner (for all hair types)
- body wash
- lotion / moisturizer
- cocoa butter / balm (for stretch marks)
- Sitz bath / oatmeal bath
- Tucks medicated cooling pads
- breastfeeding essentials (nursing pads, soothing balm)
- lip balm / chap stick

New Baby Personal Care Kit

- baby shampoo
- baby wash (sensitive skin)
- cradle cap brush
- lotion / baby oil
- socks / onesies / sleep sack
- burp clothes
- "no scratch" mittens

New Sibling Personal Care Kit

- crayons & coloring book / drawing pad
- simple craft projects
- stuffed animal or something to snuggle
- fidget /sensory toys
- Play-Doh