

Cooking Starter Kit

These kits will be distributed to Nutrition Education class participants who lack basic cooking tools at home.

**Please place items in reusable grocery bags.*

Kitchen Utensils

Measuring Cups
Measuring Spoons

Grater

Veggie Peeler

Whisk

Rubber Spatula

Metal Spatula

Can Opener (Swing-A-Way Brand Preferred)

Spices

Chili Powder

Cumin

Garlic Powder

Paprika