



FAMILY RESOURCE FINDER

SUMMER EDITION

Find a Food Pantry

Find a food pantry in your area!



View the Feeding America online map [Bit.ly/FeedingMO](https://www.bit.ly/FeedingMO) to find a food pantry in your county.



In the St. Louis Region?

Text your zip code to **(785) 503-3310** for list of food pantries closest to you.

Summer Meals for Kids

Find a meal location where kids ages 18 and younger can pick up a free meal during the summer months!



Text "Food" to **877-877** to find a summer meal location nearest you!



In the St. Louis Region?

View our Summer Meal Map at [SummerMeals.OperationFoodSearch.org](https://www.SummerMeals.OperationFoodSearch.org).

Order Online with SNAP



You can now buy your groceries online at **Amazon & Walmart** using your EBT card.

Keep in Mind!

SNAP benefits cannot be used to cover delivery fees.



Get more information about SNAP at [mydss.mo.gov](https://www.mydss.mo.gov).

Unemployment Insurance

Unemployment Insurance (UI) is there to help workers who have lost their jobs due to COVID-19.

- ▶ **Unemployed workers** will receive additional \$600/week in federal benefits until July 31.
- ▶ **Self-employed, part-time and gig workers** are now eligible for unemployment assistance.
- ▶ **Previous UI Recipients** may qualify for 13 additional weeks of benefits.



In the St. Louis Region?

For help with UI Applications call Legal Services of Eastern Missouri at **800-444-0514**.

Get more information about UI at [labor.mo.gov/coronavirus](https://www.labor.mo.gov/coronavirus).

Find Out about WIC

WIC is there to provide your family with healthy foods and other resources.



Are you pregnant, just had a baby, or have children under the age of 5? **Remember to join WIC!**

Eligible families, dads, moms, and grandparents should contact their local WIC agency for more information.



Get more information about WIC at health.mo.gov/living/families/wic.

Summer Learning for Kids



PBS is helping children learn at home with educational activities, games, and videos online. Visit pbs.org/parents for more information.



In the St. Louis Region?

Local teachers are providing reading, math, and science instructions for pre-k to 4th grade students. Watch the Nine Network weekdays at **12:30 – 2:30 PM**.

Find out more at ninenet.org/learningtoolkit.

Cooking with Carmen



Join our registered dietitian on **Facebook Live** to learn tips and recipes for how to cook delicious, healthy food on a budget.

Cooking with Carmen
Every Other Wednesday
Starting at 11AM

Watch online at [Facebook.com/OperationFoodSearch](https://www.facebook.com/OperationFoodSearch).

More Resources



- ▶ For the most up-to-date information and more resources Go to GetHelp.OperationFoodSearch.org
- ▶ To learn more about coronavirus or where to get tested Call **(877) 435-8411**



Follow [@OFSFoodAdvocate](https://twitter.com/OFSFoodAdvocate) on Twitter to get the latest news about nutrition programs in Missouri!