



# Operation Food Search

## FAMILY MEAL KIT

No glass items, please

### Cajun Beans & Rice

2 cans Red Kidney Beans  
Mixed Vegetables  
Diced Tomatoes w/  
Basil, Garlic, & Oregano  
Cajun Spice (small jar)  
Instant Brown Rice

### Chili Night

Chili Beans (Large Can)  
Pinto Beans  
Chili Seasoning Packet  
Diced Tomatoes  
(Large Can)  
Tomato Sauce  
Whole Grain Pasta

### Spaghetti Dinner

Spaghetti Sauce  
Whole Grain Pasta  
Mushrooms  
Parmesan Cheese  
Garlic Powder

### Tuna Noodle Bake

2 Cans Tuna (in water)  
Egg Noodles  
Peas  
Cream of  
Mushroom Soup  
Evaporated Milk  
Plain Bread Crumbs

### Mexican Enchiladas

1 Can Black Beans  
2 Cans Chicken  
Diced Tomatoes w/  
Green Chilis  
1 Can Enchilada Sauce  
1 Pkg Whole Wheat  
Tortillas (non-refrigerated)

### Chicken & Biscuit Bake

2 Cans Chicken  
Cream of Chicken  
Soup  
Mixed Vegetables  
Evaporated Milk  
Biscuit Mix

**Please place in a sturdy bag & add a happy, homemade card.**

**This kit is intended to feed a family of four.**

For more information: [Judy.Coyman@OperationFoodSearch.org](mailto:Judy.Coyman@OperationFoodSearch.org)