



Operation Food Search

FAMILY MEAL KIT

No glass items, please

Cajun Beans & Rice

2 cans Red Kidney Beans
Mixed Vegetables
Diced Tomatoes w/
Basil, Garlic, & Oregano
Cajun Spice (small jar)
Instant Brown Rice

Chili Night

Chili Beans (Large Can)
Pinto Beans
Chili Seasoning Packet
Diced Tomatoes
(Large Can)
Tomato Sauce
Whole Grain Pasta

Spaghetti Dinner

Spaghetti Sauce
Whole Grain Pasta
Mushrooms
Parmesan Cheese
Garlic Powder

Tuna Noodle Bake

2 Cans Tuna (in water)
Egg Noodles
Peas
Cream of
Mushroom Soup
Evaporated Milk
Plain Bread Crumbs

Mexican Enchiladas

1 Can Black Beans
2 Cans Chicken
Diced Tomatoes w/
Green Chilis
1 Can Enchilada Sauce
1 Pkg Whole Wheat
Tortillas (non-refrigerated)

Chicken & Biscuit Bake

2 Cans Chicken
Cream of Chicken
Soup
Mixed Vegetables
Evaporated Milk
Biscuit Mix

Please place in a sturdy bag & add a happy, homemade card.

This kit is intended to feed a family of four.

For more information: Judy.Coyman@OperationFoodSearch.org